

How to remove a bicycle crank from the main frame



Socket End

Crank Puller

Step #1 Remove the plastic cap covering the hex nut.



Step #2 Insert the socket end of the tool and remove the hex nut.



Step #3 After the hex nut is removed, insert and thread the crank puller into the now exposed socket.



Step #4 Use an adjustable wrench on the socket end to drive the bolt into the crank thus pushing out the crank .

