NOTE: Please read all instructions carefully before using this product

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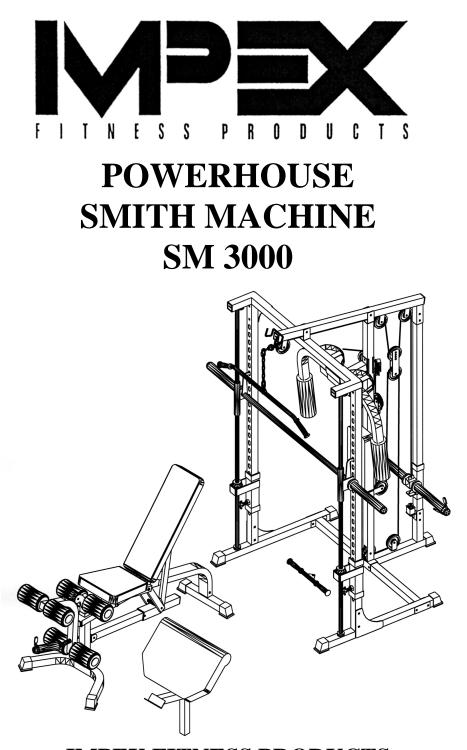
Ordering Parts

Model SM 3000

Retain This Manual for Reference

06-24-02

OWNER'S MANUAL



IMPEX FITNESS PRODUCTS 14777 DON JULIAN RD., CITY OF INDUSTRY, CA 91746 Tel: (800) 999-8899 Fax: (626) 961-9966 www.impex-fitness.com

info@impex-fitness.com

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BEFORE YOU BEGIN

Thank you for selecting the POWERHOUSE SM3000 by IMPEX FITNESS PRODUCTS. For your safety and benefit, read this manual carefully before using the machine. As a manufacturer, we are committed to provide you complete customer satisfaction. If you have any questions, or find there are missing or damaged parts, we guarantee you complete satisfaction through direct assistance from our factory. To avoid unnecessary delays, *please call our TOLL-FREE customer service number.* Our Customer Service Agents will provide immediate assistance to you.

Toll-Free Customer Service Number 1-800-999-8899 Mon. - Fri. 9 a.m. - 5 p.m. PST www.impex-fitness.com info@impex-fitness.com

IMPORTANT SAFETY NOTICE

PRECAUTIONS

This exercise machine is built for optimum safety. However, certain precautions apply whenever you operate a piece of exercise equipment. Be sure to read the entire manual before you assemble or operate your machine. In particular, note the following safety precautions:

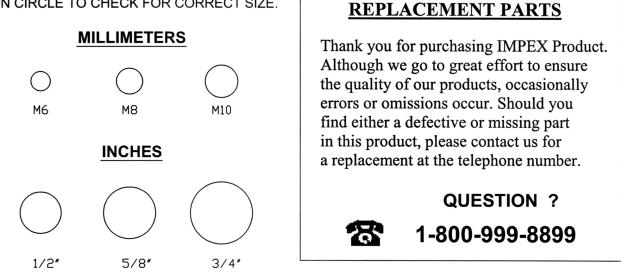
- 1. Keep children and pets away from the machine at all times. DO NOT leave children unattended in the same room with the machine.
- 2. Only one person at a time should use the machine.
- If the user experiences dizziness, nausea, chest pain, or any other abnormal symptoms, STOP the workout at once. CONSULT A PHYSICIAN IMMEDIATELY.
- 4. Position the machine on a clear, leveled surface. DO NOT use the machine near water or outdoors.
- 5. Keep hands away from all moving parts.
- 6. Always wear appropriate workout clothing when exercising. DO NOT wear robes or other clothing that could become caught in the machine. Running or aerobic shoes are also required when using the machine.
- 7. Use the machine only for its intended use as described in this manual. DO NOT use attachments not recommended by the manufacturer.
- 8. Do not place any sharp object around the machine.
- 9. Disabled person should not use the machine without a qualified person or physician in attendance.
- 10. Before using the machine to exercise, always do stretching exercises to properly warm up.
- 11. Never operate the machine if the machine is not functioning properly.
- 12. A spotter is recommended during exercise.

WARNING: BEFORE BEGINNING ANY EXERCISE PROGRAM, CONSULT YOUR PHYSICIAN. THIS IS ESPECIALLY IMPORTANT FOR INDIVIDUALS OVER THE AGE OF 35 OR PERSONS WITH PRE-EXISTING HEALTH PROBLEMS. READ ALL INSTRUCTIONS BEFORE USING ANY FITNESS EQUIPMENT. IMPEX INC. ASSUMES NO RESPONSIBILITY FOR PERSONAL INJURY OR PROPERTY DAMAGE SUSTAINED BY OR THROUGH THE USE OF THIS PRODUCT.

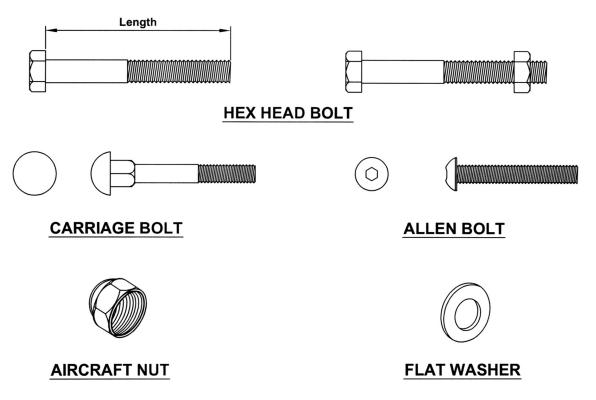
SAVE THESE INSTRUCTIONS.

HARDWARE IDENTIFIER

PLACE WASHER, END OF BOLT, OR SCREW ON CIRCLE TO CHECK FOR CORRECT SIZE.



NOTE: When installing a Aircraft Nut (also called Nylon or Lock Nut), Please use two adjustable wrenches to tighten down the Nut. Hold down the Bolt with one wrench, and use the other wrench to turn the Nut clockwise.



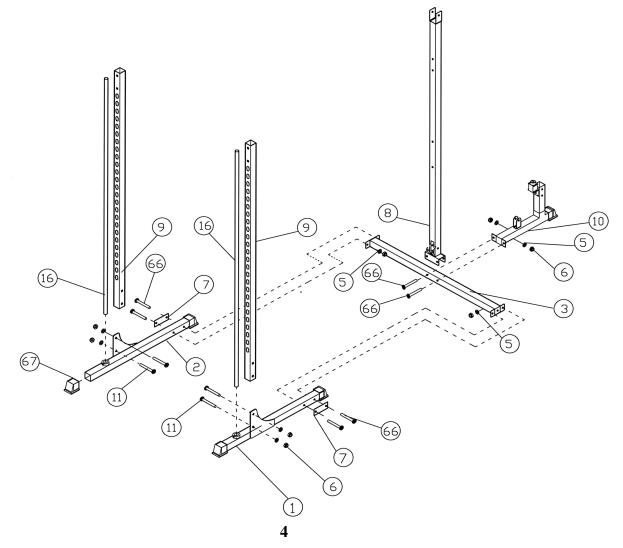
SMITH MACHINE ASSEMBLY INSTRUCTION

Tools Required Assembling the Machine: Two Adjustable Wrenches and Allen Wrenches

NOTE: It is strongly recommended two or more people assemble this machine to avoid possible injury.

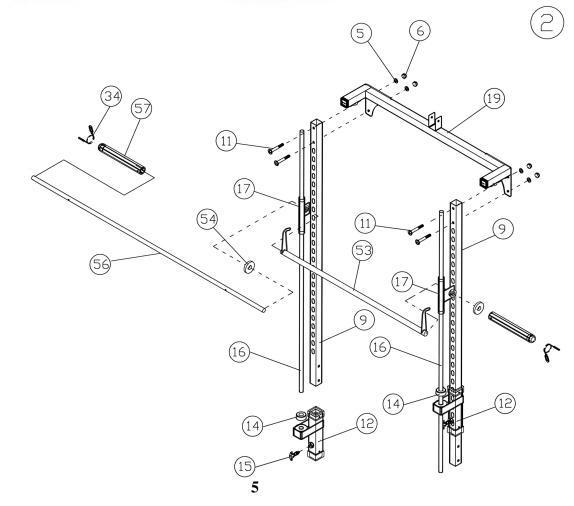
STEP 1 (See Diagram 1)

- A.) Attach the Rear Base Frame (#3) to the Left Base Frame (#1). Secure it with two M10 x 3" Carriage Bolts (#66), one Bracket (#7), two Ø ¾" Washers (#5), and two M10 Aircraft Nuts (#6). DO NOT tighten all the nuts and bolts yet. Only finger-tighten for now.
- B.) Repeat the above procedure to attach the Right Base Frame (#2).
- C.) Attach the Front Vertical Beam (#9) to the bracket on the Left Base Frame (#1). Secure it with two M10 x 2 ¾" Carriage Bolts (#11), Ø ¾" Washers (#5), and M10 Aircraft Nuts (#6). Repeat the same procedure to install the other side.
- D.) Attach the Guide Rod (#16) to the circular clamp on the Left Base Frame (#1). Secure the M8 x 3/8" Allen Screw (#60) with an Allen wrench. Repeat the same procedure for the other side.
- E.) Attach the Rear Vertical Beam (#8) and Lat Bar Base (#10) to the Rear Base Frame (#3). Secure it with two M10 x 3" Carriage Bolts (#66), Ø ¾" Washers (#5) and M10 Aircraft Nuts (#6).



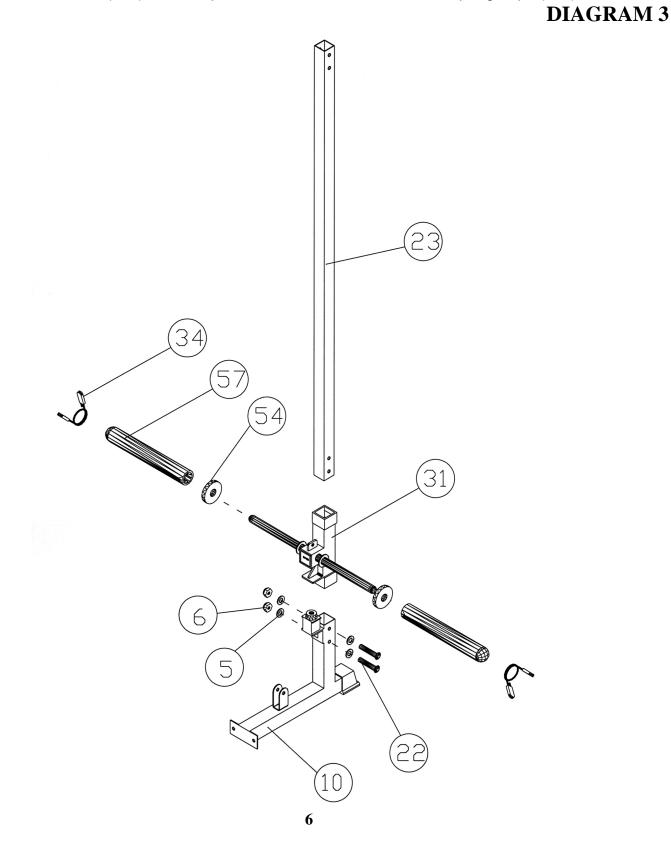
STEP 2 (See Diagram 2)

- A.) Slide the Safety Stop Frame (#12) onto the Front Vertical Beam (#9) and Guide Rod (#16) from the top. Drop the Stop Frame all the way down. Align the hole and secure it with a Quick Release Knob (#15). Slide the Rubber Bumper (#14) onto the Guide Rod (#16). Repeat the same procedure to install the other side.
- B.) Slide the Sliding Safety Catches (#17) onto the Guide Rods (#16) from the top.
- C.) NOTE: Help of another person is strongly recommended for this step. Insert the Weight Bar (#56) through a Ø3" Thick Rubber Bumper (#54) from the left side of the machine. Then insert the Bar through the hole on the Sliding Safety Catch (#17). Continue inserting the Bar through the Lifting Sleeve (#53).
- D.) Insert the Bar through the Sliding Safety Catch (#17) on the right side. Place another \emptyset 3" Thick Rubber Bumper (#54) onto the Bar. Make sure the gap on both side of the bar is even. Secure the M8 x 1/2" Bolts (#55) on the Sliding Safety Catches (#17).
- E.) Install a Long Olympic Sleeve (#57) onto the Right side of the Bar. Secure it with a M8 x 1/2" Allen Screw (#59). Repeat the procedure for the other side. Attach two Ø2" Spring Clips (#34) onto the Olympic Sleeves. Note: If you are using standard plates, remove the Sleeves.
- F.) Attach the Front Top Beam (#19) to the top of the Front Vertical Beams (#9) and Guide Rods (#16). Secure the Guide Rods with two M8 x 3/8" Allen Screws (#60) (The screws should be already on the circular clamps.)
- G.) Secure each side of the Front Top Beam (#19) with two M10 x 2 ¾" Carriage Bolts (#11), Ø ¾" Washers (#5), and M10 Aircraft Nuts (#6). Securely tighten all the nuts and bolts previously installed.



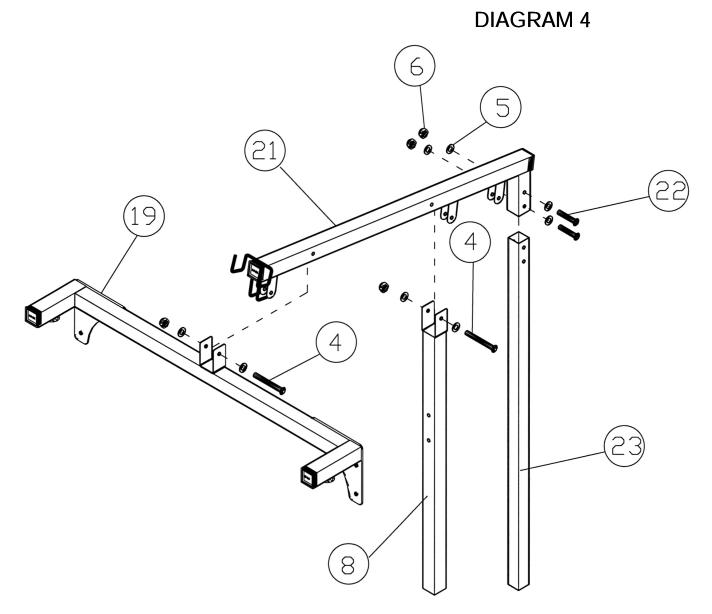
STEP 3 (See Diagram 3)

- A.) Attach the Lat Bar Frame (#23) to the Lat Bar Base (#10). Secure it with two M10 x 2 $\frac{1}{2}$ " Allen Bolts (#22), four \emptyset $\frac{3}{4}$ " Washers (#5), and two M10 Aircraft Nuts (#6).
- B.) Slide the Weight Post (#31) onto the Lat Bar Frame (#23).
- C.) Slide two Rubber Bumpers (#54) onto the weight posts. Attach two short Olympic Sleeves (#33) onto the posts. Secure them with two \emptyset 2" Spring Clips (#34).



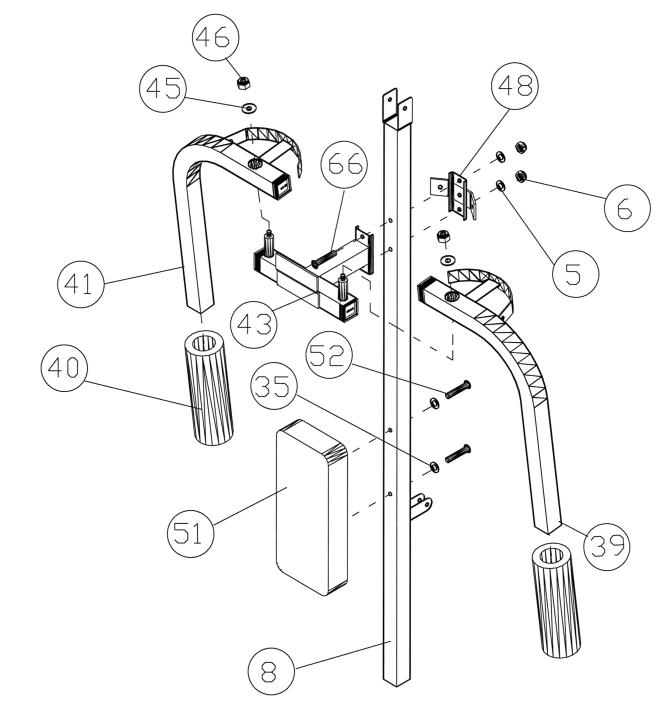
STEP 4 (See Diagram 4)

- A.) Attach the Upper Frame (#21) to the top of the Front Top Beam (#19). Secure it with one M10 x 3" Allen Bolt (#4), two Ø ¾" Washers (#5) and one M10 Aircraft Nut (#6).
- B.) Attach the back of the Upper Frame (#21) to the top of the Lat Bar Frame (#23). Secure it with two M10 x 2 ½" Allen Bolts (#22), four Ø ¾" Washers (#5) and two M10 Aircraft Nuts (#6).
- C.) Secure the Upper Frame (#21) to the top of Rear Vertical Beam (#8) with one M10 x 3" Allen Bolt (#4), two Ø ¾" Washers (#5), and one Aircraft Nut (#6).



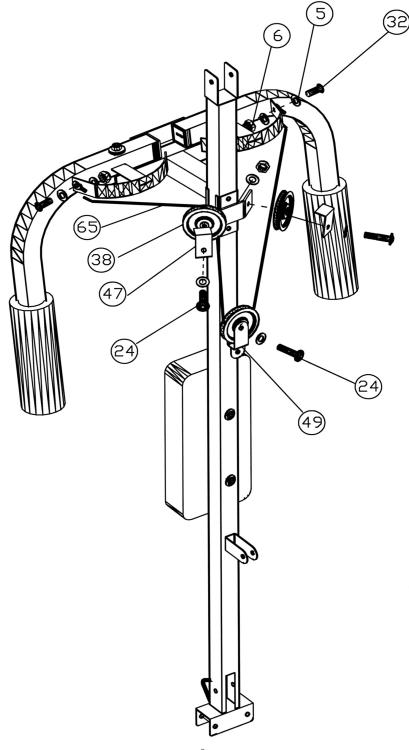
STEP 5 (See Diagram 5)

- A.) Attach the Backrest Board (#51) to the Rear Vertical Beam (#8). Secure it with two M8 x 2 $\frac{1}{2}$ " Allen Bolts (#52) and Ø 5/8" Washers (#35).
- B.) Attach the Butterfly Support (#43) and the Butterfly Pulley Support (#48) to the Rear Vertical Beam (#8). Secure them with two M10 x 3" Carriage Bolts (#66), two Ø ¾" Washers (#5), and two M10 Aircraft Nuts (#6).
- C.) Attach the Right Butterfly (#41) to the Axle on the Butterfly Support (#43). Secure it with a \emptyset 1 ½" Washer (#45) and M12 Aircraft Nut (#46). Repeat the same procedure to install the other side.
- D.) Slide two Butterfly Foam Rolls (#40) onto the Butterfly Arms.



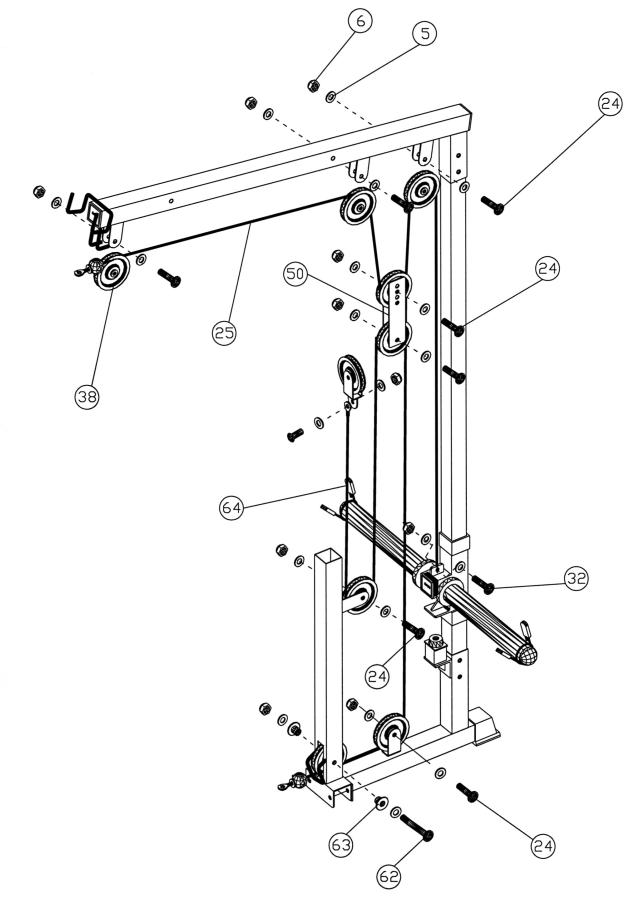
STEP 6 (See Diagram 6)

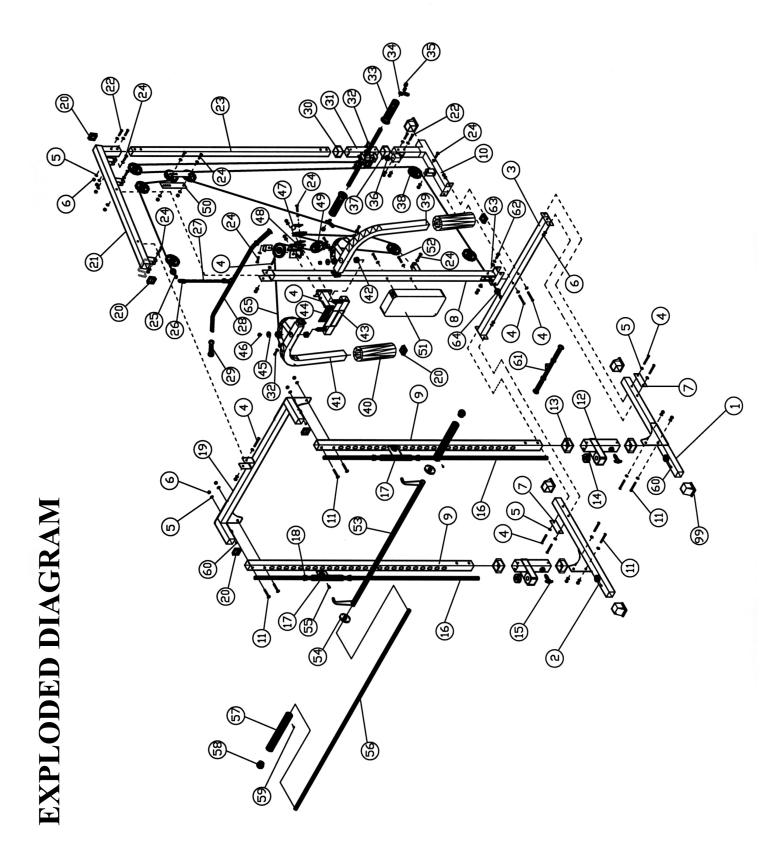
- A.) Attach one end of the 77" Butterfly Cable (#65) to the Right Butterfly Arm. Secure it with a M10 x 1" Allen Bolt (#32), two Ø ¾" Washer (#5), and M10 Aircraft Nut (#6). Do not over tighten the nut and bolt. Let the Cable eyelet pivots on the bolt.
- B.) Draw the Cable to the Butterfly Pulley Support (#48). Attach a Pulley (#38). Secure it with one Pulley Fender (#47), one M10 x 1 ¾" Allen Bolt (#24), two Ø ¾" Washers (#5), and one M10 Aircraft Nut (#6). Repeat the same procedure to attach the other end of the Cable to the other Butterfly Arm.
- C.) Pull the Cable downward and install another Pulley in the mid-span. Secure it with one Single Floating Pulley Bracket (#49), one M10 x 1 ³/₄" Allen Bolt (#24), two Ø ³/₄" Washers (#5), and one M10 Aircraft Nut (#6). Let the Bracket hanging for now.



STEP 7 (See Diagram 7)

- A.) Attach the 132" Upper Cable (#25) to the top of the Upper Frame (#21). Make sure the ball on the Cable is underneath the Frame. Attach a Pulley (#38) to the bracket then secure it with one M10 x 1 ¾" Allen Bolt (#24), two Ø ¾" Washers (#5) and one M10 Aircraft Nut (#6).
- B.) Continue drawing the Cable (#25) towards the back of the machine. Install another Pulley.
- C.) Draw the Cable (#25) downward. Install another Pulley (#38) and a Double Floating Pulley Bracket (#50). Secure it with a M10 x 1 $\frac{3}{4}$ " Allen Bolt (#24), two $\emptyset \frac{3}{4}$ " Washers (#5) and one M10 Aircraft Nut (#6). Let the Bracket hanging for now. Note: There are four holes on the Pulley Bracket. The purpose of these holes is to adjust the tightness of the cable loop system. After finish installing the cables, check the tightness of the cables. If the cables are too loose, shorten the distance between the two pulleys by installing the upper pulley to a lower hole.
- D.) Pull the Cable (#25) upward back to the Upper Frame (#21). Install another Pulley.
- E.) Draw the Cable (#25) downward towards the Weight Post (#31). Secure the end of the Cable to the Post with a M10 x 1" Allen Bolt (#32), two Ø ¾" Washers (#5), and one M10 Aircraft Nut (#6).
- F.) Attach the 111" Lower Cable (#64) to the bottom of the Rear Vertical Beam (#8). Install a Pulley (#38) to the slotted hole. Push two Pulley Bushings (#63) into the holes from both sides on the Beam. Secure it with one M10 x 2 ¾" Allen Bolt (#62), two Ø ¾" Washers (#5) and one M10 Aircraft Nut (#6).
- G.) Draw the Cable (#64) to the Lat Bar Base (#10). Install another Pulley.
- H.) Pull the Cable (#64) upward to the Double Floating Pulley Bracket (#50) previously installed in Step C above. Install another Pulley.
- I.) Continue drawing the Cable (#64) to the Bracket on the Rear Vertical Beam (#8). Install a Pulley.
- J.) Pull the Cable upward to the Single Floating Pulley Bracket (#49) previously install in Step 6. Secure it with a M10 x 1" Allen Bolt (#32), two Ø ¾" Washers (#5) and one M10 Aircraft Nut (#6).





PARTS LIST KEY NO. DESCRIPTION

17Sliding Safety Catch218 \emptyset 1" Bushing419Front Top Beam1202" Square End Cap1121Upper Frame122M10 x 2 $\frac{1}{2}$ " Allen Bolt423Lat Bar Frame124M10 x 1 $\frac{3}{4}$ " Allen Bolt1025132" Upper Cable126Clip227Chain128Lat Bar129Grip4302" Square Sleeve231Weight Post132M10 x 1" Allen Bolt433Short Olympic Sleeve234 \emptyset 2" Spring Clip435 \emptyset 5/8" Washer236Lat Bar Rubber Bumper137M6 Screw138Pulley1139Left Butterfly140Butterfly Foam Roll241Right Butterfly142 \emptyset 1" Butterfly Bushing443Butterfly Support144Bumper Plate145 \emptyset 1 $\frac{1}{2}$ " Washer246M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket150Double Floating Pulley Bracket2	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Left Base Frame Right Base Frame Rear Base Frame M10 x 3" Allen Bolt \emptyset 3/4" Washer M10 Aircraft Nut Bracket Rear Vertical Beam Front Vertical Beam Lat Bar Base M10 x 2 3/4" Carriage Bolt Safety Stop Frame 2 3/8" Square Sleeve Rubber Bumper Quick Release Knob Guide Rod	1 1 2 58 37 2 1 2 1 8 2 4 2 2 2 2
19Front Top Beam120 2 " Square End Cap1121Upper Frame122M10 x 2 ½" Allen Bolt423Lat Bar Frame124M10 x 1 ¾" Allen Bolt1025132" Upper Cable126Clip227Chain128Lat Bar129Grip4302" Square Sleeve231Weight Post132M10 x 1" Allen Bolt433Short Olympic Sleeve234Ø 2" Spring Clip435Ø 5/8" Washer236Lat Bar Rubber Bumper137M6 Screw138Pulley1139Left Butterfly140Butterfly Foam Roll241Right Butterfly142Ø 1" Butterfly Bushing443Butterfly Support144Bumper Plate145Ø 1 ½" Washer246M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1	17	Sliding Safety Catch	2
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43Butterfly Support144Bumper Plate145Ø 1 ½" Washer246M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1		Right Butterfly	1
44Bumper Plate145Ø 1 ½" Washer246M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1			
45Ø 1 ½" Washer246M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1			
46M12 Aircraft Nut247Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1			
47Pulley Fender248Butterfly Pulley Support149Single Floating Pulley Bracket1			2
48Butterfly Pulley Support149Single Floating Pulley Bracket1			2
49 Single Floating Pulley Bracket 1			
50Double Floating Pulley Bracket2	49	Single Floating Pulley Bracket	1
	50	Double Floating Pulley Bracket	2

51	Butterfly Backrest Boar	1
52	M8 x 2 1/2" Allen Bolt	2
53	Lifting Sleeve	1
54	arnothing 3" Thick Rubber Bumper	4
55	M8 x 1⁄2" Allen Bolt	2
56	Wight Bar	1
57	Long Olympic Sleeve	2
58	\varnothing 2" Round End Cap	4
59	M8 x ¹ ⁄ ₂ " Allen Screw	4
60	M8x 3/8" Allen Screw	4
61	Curl Bar	1
62	M10 x 2 ¾" Allen Bolt	1
63	Pulley Bushing	2
64	111" Lower Cable	1
65	77" Butterfly Cable	1
66	M10 x 3" Carriage Bolt	8
67	2" x 2" End Cap	5

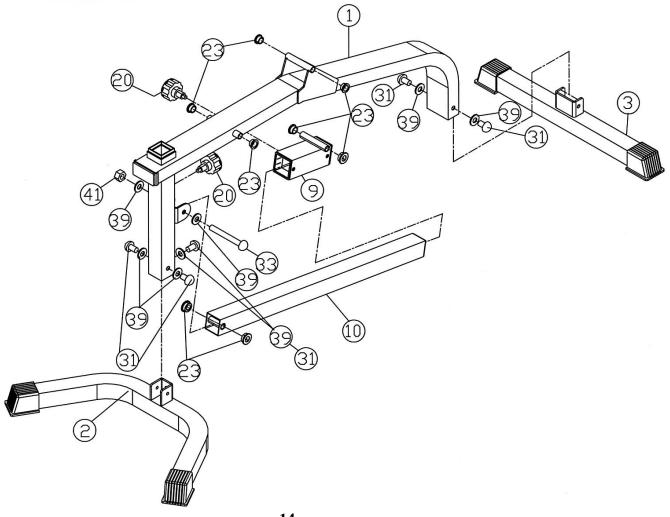
MULTIPURPOSE BENCH ASSEMBLY INSTRUCTION

Tools Required Assembling the Machine: Two Adjustable Wrenches and Allen Wrenches

NOTE: It is strongly recommended this machine to be assembled by two or more people to avoid possible injury.

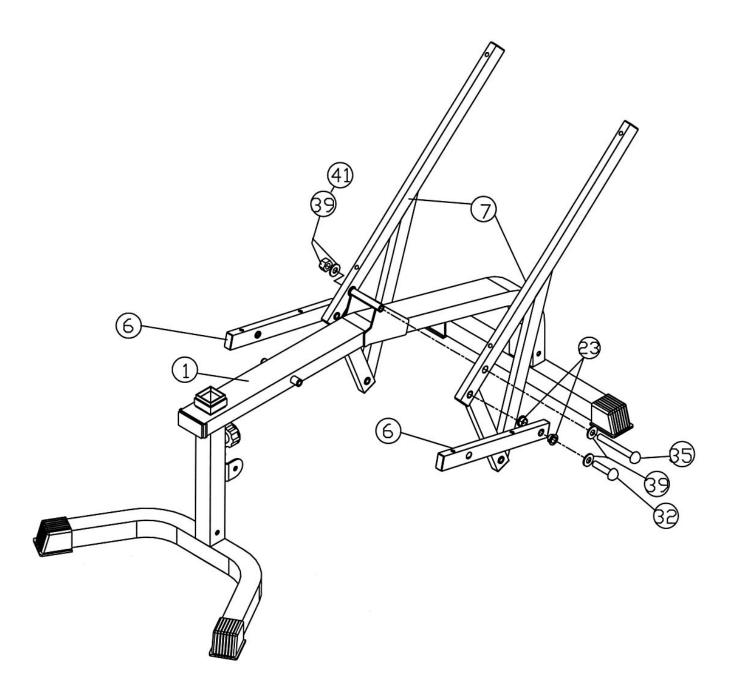
STEP 1 (See Diagram 1)

- A.) Attach the Main Frame (#1) to the Front Stabilizer (#2). Align the holes and secure it with three M10 x 5/8" Allen Bolts (#31) and Ø ¾" Washers (#39).
- B.) Attach the Main Frame (#1) to the Rear Stabilizer (#3). Align the holes and secure it with two M10 x 5/8" Allen Bolts (#31) and Ø ¾" Washers (#39).
- C.) Slide the Sliding Block (#9) onto the Incline Adjustment Bar (#10). Align the holes then thread in a Knob Lock (#20) to hold the Sliding Block in position.
- D.) Push two Bushings (#23) into the Incline Adjustment Bar (#10). Then attach the Bushings and the Bar to the bracket on the Main Frame (#1). Secure it with a M10 x 3" Allen Bolt (#33), two Ø ¾" Washers (#39), and one M10 Aircraft Nut (#41).
- E.) Attach two Bushings (#23) to the side of Main Frame (#1). Attach two Bushings (#23) to the pivot on top of the Main Frame (#1). Attach two Bushings (#23) to the pivot on the Sliding Block (#9).



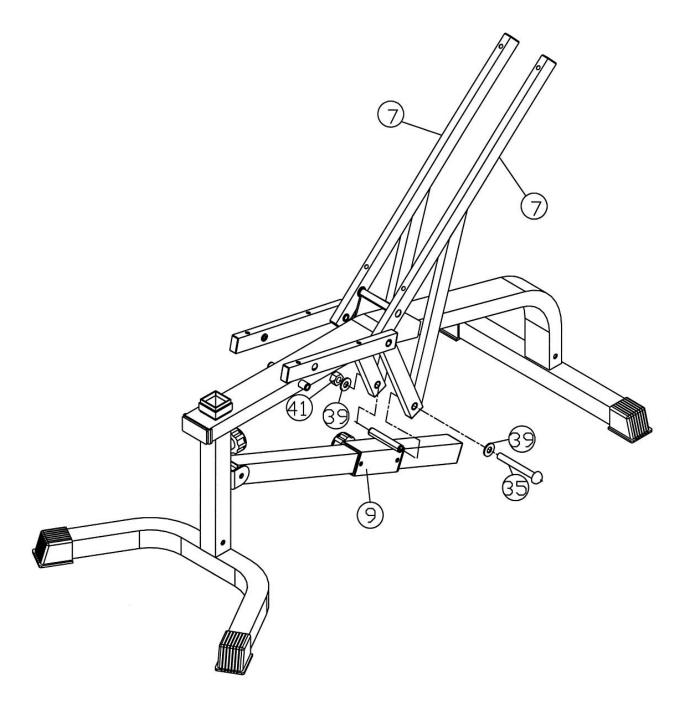
STEP 2 (See Diagram 2)

- A.) Attach two Bushings (#23) to each Seat Support Frames (#6).
- B.) Attach one Backrest Support (#7) to the Seat Support Frame (#6). Align the holes and secure them with one M10 x 1 5/8" Allen Bolt (#32), and one Ø ¾" Washer (#39). Repeat the same procedure to install the other side.
- C.) Attach the two Backrest Supports (#7) to the pivot on the Main Frame (#1). Align the holes and secure them with one M10 x 6 $\frac{1}{4}$ " Allen Bolt (#35), two $\emptyset \frac{3}{4}$ " Washers (#39), and one M10 Aircraft Nut (#41).



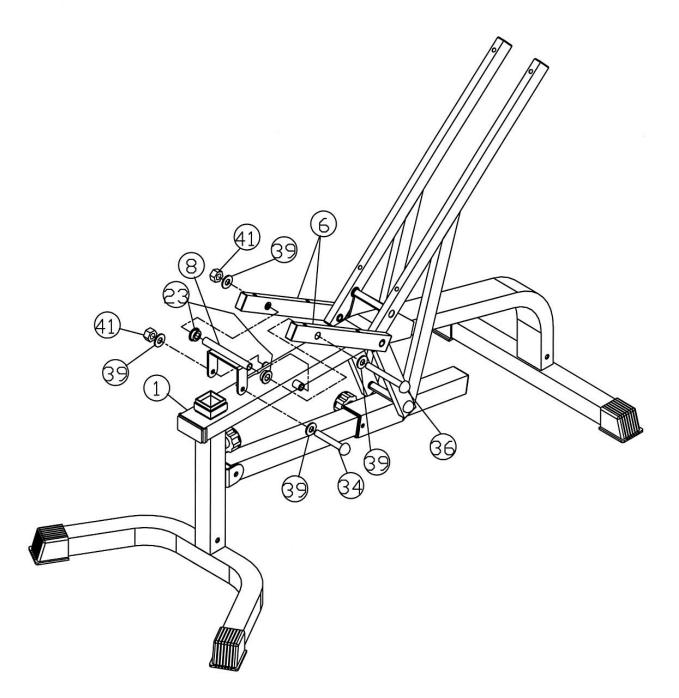
STEP 3 (See Diagram 3)

A.) Align the holes on the two Backrest Supports (#7) to the pivot on the Sliding Block (#9). Secure them with one M10 x 6 $\frac{1}{4}$ " Allen Bolt (#35), two \emptyset $\frac{3}{4}$ " Washers (#39), and one M10 Aircraft Nut (#41).



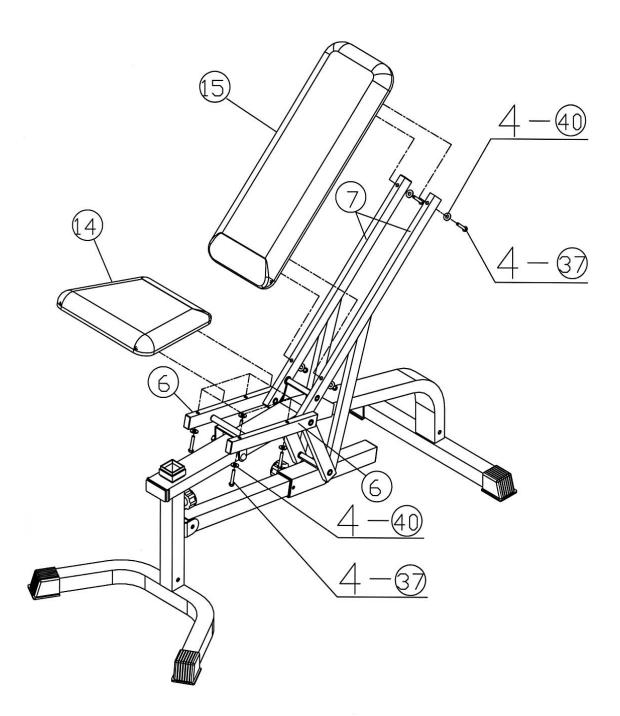
STEP 4 (See Diagram 4)

- A.) Attach the Seat Incline Support Bracket (#8) to the Main Frame (#1). Secure it with one M10 x 4 3/4" Allen Bolt (#34), two \emptyset 3/4" Washers (#39), and one M10 Aircraft Nut (#41). Do not over tighten the nut and bolt. The Bracket needs to be able to swivel. Attach two bushings (#23) to the pivot on the Seat Incline Support Bracket (#8).
- B.) Attach the Seat Support Frames (#6) to the Pivot. Align the holes and secure them with one M10 x 8 ¼" Allen Bolt (#36), two Ø ¾" Washers (#39), and one M10 Aircraft Nut (#41).



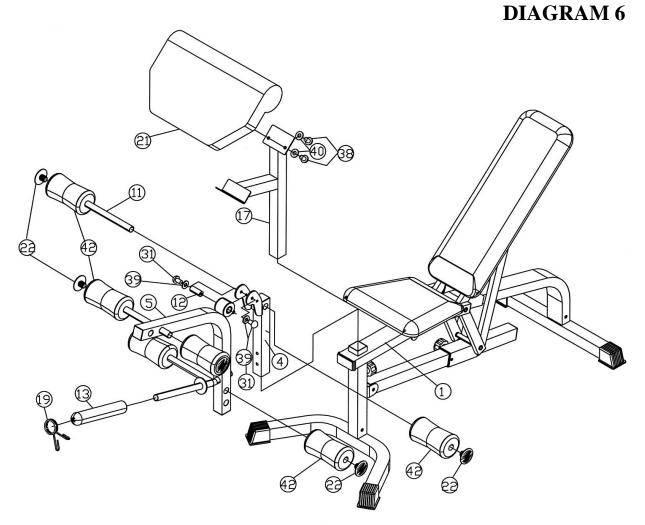
STEP 5 (See Diagram 5)

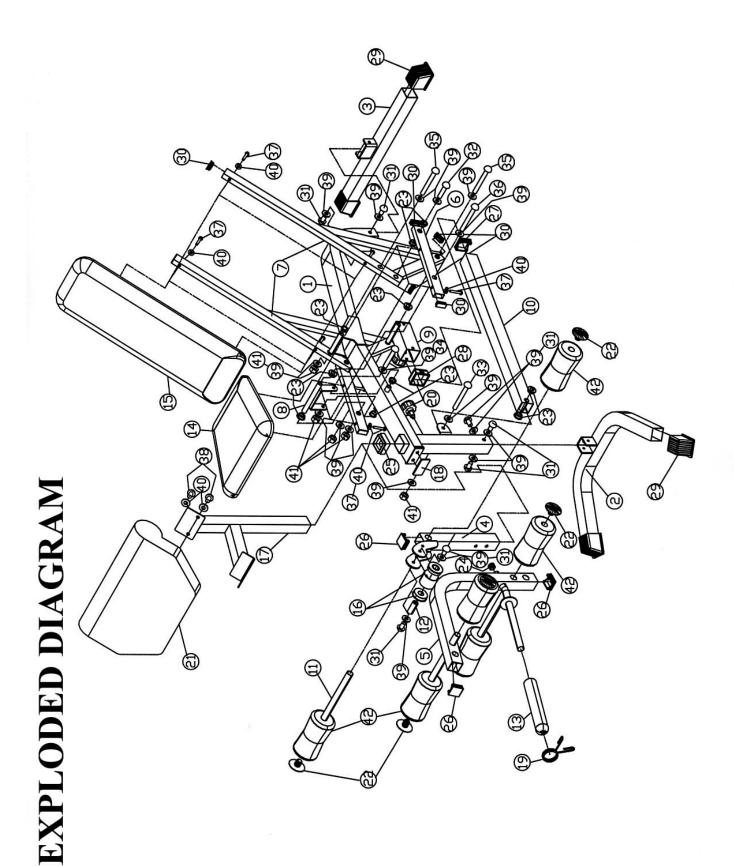
- A.) Place the Seat Pad (#14) onto the Seat Support Frames (#6). Align the holes and secure it with four M8 x 2" Allen Bolts (#37) and \emptyset 5/8" Washers (#40).
- B.) Place the Backrest Board (#15) onto the Backrest Supports (#7). Align the holes and secure it with four M8 x 2" Allen Bolts (#37) and \emptyset 5/8" Washers (#40).



STEP 6 (See Diagram 6)

- A.) Insert the Leg Developer Holder (#4) into the opening in front of the Seat. Secure it with a Lock Knob underneath the Seat. Attach the Leg Developer (#5) to the bracket on the Leg Developer Holder (#4). Secure it with an Axle (#12), two \emptyset ³/₄" Washers (#39), and two M10 x 5/8" Allen Bolts (#31). Push the Olympic Sleeve (#13) onto the weight post on the Leg Developer. Attach the Sprint Clip (#19) to the Sleeve. NOTE: When using the bench at a decline position to do Ab exercises, place at least 30 lbs. of weights on the leg developer to hold it down.
- B.) Insert one Foam Roll Tube (#11) halfway through the hole on the Leg Developer Holder (#4). Insert two Foam Roll Tubes (#11) halfway through the holes on the Leg Developer (#5). Push six Foam Rolls (#42) onto the Tubes from both sides. Plug six Foam Roll Caps (#22) to the ends.
- C.) Attach the Arm Curl Pad (#21) to the Arm Curl Stand (#17). Secure it with two M8 x 5/8" Allen Bolts (#38) and Ø 5/8" Washers (#40). For Arm Curl exercises, remove the Leg Developer and insert the Arm Curl Stand into the top opening in front of the Seat.





MULTIPURPOSE BENCH PARTS LIST

KEY NO.	DESCRIPTION	Q'ty
1	Main Frame	1
2	Front Stabilizer	1
3	Rear Stabilizer	1
4	Leg Developer Holder	1
5	Leg Developer	1
6	Seat Support Frame	2 2
7	Backrest Support	
8	Seat Incline Support Bracket	1
9	Sliding Block	1
10	Incline Adjustment Bar	1
11	Foam Tube	3
12	Axle	1
13	Olympic Sleeve	1
14	Seat Pad	1
15	Backrest Pad	1
16	Leg Developer Bushing	2
17	Arm Curl Stand	1
18	1 ½" x 3" Rubber Pad	1
19	Spring Clip	1
20	Knob Lock	2
21	Arm Curl Pad	1
23	Foam Roll End Cap	6
23	Bushing	14
24	Ø1" End Cap	1
25	2" Square Sleeve	1
26	1 ¾" Square End Cap	3
27	2" End Cap	1
28	2 ¼" Sleeve	2
29	2" Stabilizer Cap	4
30	1 ½" End Cap	10
31	M10 x 5/8" Allen Bolt	7
32	M10 x 1 5/8" Allen Bolt	2
33	M10 x 3" Allen Bolt	1
34	M10 x 4 3/4" Allen Bolt	1
35	M10 x 6 ¼" Allen Bolt	2
36	M10 x 8 ¼" Allen Bolt	1
37	M8 x 2" Allen Bolt	8
38	M8 x 5/8" Allen Bolt	2
39	Ø ¾" Washer	19
40	\varnothing 5/8" Washer	10
41	M10 Aircraft Nut	5
42	Foam Roll	6

IMPEX INC.

LIMITED WARRANTY

IMPEX Inc. ("IMPEX") warrants this product to be free from defects in workmanship and material, under normal use and service conditions, for a period of two years on the Frame from the date of purchase. This warranty extends only to the original purchaser. IMPEX's obligation under this Warranty is limited to replacing or repairing, at IMPEX's option.

All returns must be pre-authorized by IMPEX. Pre-authorization may be obtained by calling IMPEX Customer Service Department at 1-800-999-8899. All freights on products returned to IMPEX must be prepaid by the customer. This warranty does not extend to any product or damage to a product caused by or attributable to freight damage, abuse, misuse, improper or abnormal usage or repairs not provided by an IMPEX authorized service center or for products used for commercial or rental purposes. No other warranty beyond that specifically set forth above is authorized by IMPEX.

IMPEX is not responsible or liable for indirect, special or consequential damages arising out of or in connection with the use or performance of the product or other damages with respect to any economic loss, loss of property, loss of revenues or profits, loss of enjoyments or use, costs of removal, installation or other consequential damages or whatsoever natures. Some states do not allow the exclusion or limitation of incidental or consequential damages. Accordingly, the above limitation may not apply to you.

The warranty extended hereunder is in lieu of any and all other warranties and any implied warranties of merchantability or fitness for a particular purpose is limited in its scope and duration to the terms set forth herein. Some states do not allow limitations on how long an implied warranty lasts. Accordingly, the above limitation may not apply to you.

This warranty gives you specific legal right. You may also have other rights which vary from state to state. Register on-line at www.impex-fitness.com

IMPEX INC. 14777 Don Julian City of Industry, CA 91746

ORDERING REPLACEMENT PARTS

Replacement parts can be ordered by calling our Customer Service Department toll-free at **1-800-999-8899** during our regular business hours: Monday through Friday, 9 am until 5 pm Pacific standard time. **info@impex-fitness.com**

When ordering replacement parts, always give the following information.

Model
Description of Parts
Part Number
Date of Purchase